

ROOTS

[COFFEE + BAKERY]

PANINIS

VEAL LOVER | 11.50

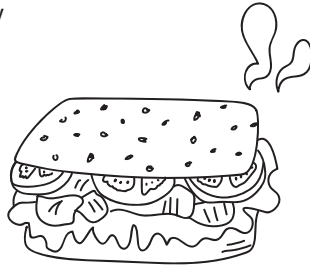
Pesto Rosso, Queso de Cabra, Rúgula, Cebolla Encurtida, Ternera Mechada

CHICKEN NIRVANA | 11.50

Kale, Tomate Pera, Queso de Cabra, Pesto Rosso y Pollo

CLASSIC CAPRESE | 11.50

Tomates Secos, Pesto Kale, Rúgula y Queso Mozzarella



TOASTS

LA CLÁSICA | 4.50

Pan Integral de Masa Madre, Tomate Rallado, Tomates Cherry, Semillas de Cáñamo

MEDITERRÁNEA | 5.50

Pan Integral de Masa Madre, Hummus de Garbanzos, Aguacate Laminado, Semillas de Cáñamo

GUACAMOLE | 5.50

Pan Integral de Masa Madre, Guacamole, Semillas de Sésamo Negro, Semillas de Calabaza

EXTRA TOAST | 3.50

EXTRAS

Aguacate Laminado | 3.50

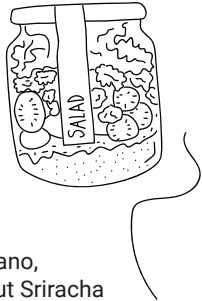
Guacamole | 3.00

Salmón Ahumado | 4.50

Queso Feta | 2.50



SALADS IN A JAR



SPICY SOIL | 10.80

Edamame, Lombarda, Zanahoria Rallada, Rábano, Quinoa, Semillas de Girasol, Espinacas y Peanut Sriracha

FRESH GARDEN | 10.80

Hojas Verdes, Cebolla Encurtida, Tomate Cherry, Fresas y Salsa Feta

GREEK GODDESS | 10.80

Tomates Cherry, Garbanzos, Queso Feta, Quinoa, Perejil, Semillas de Calabaza y Vinagreta de Mostaza Dulce

SUPERFOOD BOWLS

AÇAÍ BOWL | 11.50

Açaí, Banana, Arándanos, Leche de Almendras

TOPPINGS INCLUIDOS

Banana, Fresas, Arándanos, Nutty Granola

COCONUT CHÍA POT | 6.50

Chía, Leche de Coco, Jarabe de Arce

TOPPINGS INCLUIDOS

Fresas, Arándanos, Mantequilla de Cacahuete

NUTTY YOGURT | 6.50

Yogurt Griego, Arándanos, Nutty Granola y Mantequilla de Cacahuete

EXTRAS | 2.00

Banana, Fresas, Arándanos, Nutty Granola, Mantequilla de Almendras o Cacahuete

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PANINIS

VEAL LOVER | 11.50

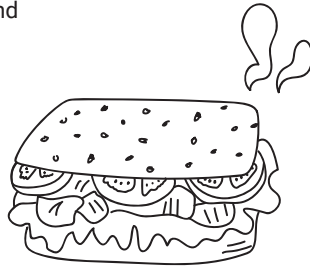
Sun-dried Tomato Pesto, Goat Cheese, Arugula, Pickled Onion, Shredded Veal

CHICKEN NIRVANA | 11.50

Kale, Pear Tomato, Chicken, Goat Cheese and Sun-dried Tomato Pesto

CLASSIC CAPRESE | 11.50

Dry Tomatoes, Pesto Kale, Arugula and Mozzarella Cheese



TOASTS

LA CLÁSICA | 4.50

Organic Whole Grain Sourdough Toast, Crushed Tomatoes, Cherry Tomatoes, Hemp Seeds

MEDITERRÁNEA | 5.50

Organic Whole Grain Sourdough Toast, Chickpeas Hummus, Sliced Avocado, Hemp Seeds

GUACAMOLE | 5.50

Organic Whole Grain Sourdough Toast, Guacamole, Black Sesame Seeds, Pumpkin Seeds

EXTRA TOAST | 3.50

EXTRAS

Avocado | 3.50

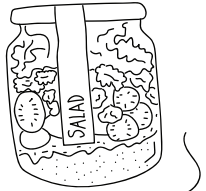
Guacamole | 3.00

Smoked Salmon | 4.50

Feta Cheese | 2.50



SALADS IN A JAR



SPICY SOIL | 10.80

Edamame, Cabbage, Shredded Carrot, Radish, Quinoa, Roasted Sunflower Seeds, Spinach and Peanut Siracha

FRESH GARDEN | 10.80

Green Salad, Pickled Onion, Cherry Tomatoes, Strawberry and Feta Sauce

GREEK GODDESS | 10.80

Cherry Tomatoes, Chickpeas, Feta Cheese, Quinoa, Parsley, Pumpkin Seeds and Sweet Mustard Vinaigrette

SUPERFOOD BOWLS

AÇAÍ BOWL | 11.50

Açaí, Banana, Blueberries, Almond Milk

TOPPINGS INCLUIDOS

Banana, Strawberries, Blueberries, Nutty Granola

COCONUT CHÍA POT | 6.50

Chía, Coconut Milk, Maple Syrup

TOPPINGS INCLUIDOS

Strawberries, Blueberries, Peanut Butter

NUTTY YOGURT | 6.50

Greek Yogurt, Blueberries, Nutty Granola and Peanut Butter

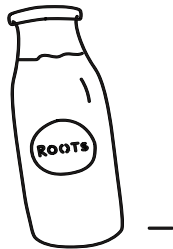
EXTRAS | 2.00

Banana, Strawberries, Blueberries, Nutty Granola, Almond or Peanut Butter

ROOTS

[COFFEE + BAKERY]

SMOOTHIES



ROMPE AYUNO

REGULAR GRANDE

Espinaca, Aguacate, Pepino,
Celery, Limón, Jengibre,
Menta, Agua

7.80

AÇAÍ SMOOTHIE

Açaí, Banana, Fresas,
Leche de Almendras

4.80 7.80

COLD DRINKS

LIMONADA 500ML | 4.00

AGUA DETOX | 4.00

AGUA | 2.50

KOMBUCHA | 4.50

AGUA CON GAS | 3.00

MASALA CHAI | 4.50

CHOCOLATADA | 4.00

COLD BREW | 4.00



IMMUNITY SHOTS

GINGER SHOT | 3.50

Jengibre, Limón

CELERY JUICE | 3.50

Celery

FULL POWER | 3.50

Zanahoria, Remolacha,
Jengibre, Limón



HOT DRINKS

| | REGULAR | GRANDE | EXTRA GRANDE |
|---------------|---------|--------|--------------|
| ESPRESSO | 2.20 | 3.20 | |
| AMERICANO | 3.20 | | |
| BATCH BREW | 2.00 | 3.00 | 3.90 |
| MACCHIATO | 2.40 | | |
| CAPPUCCINO | 2.80 | 3.80 | 4.50 |
| LATTE | 2.80 | 3.80 | 4.50 |
| FLAT WHITE | 3.00 | | 4.90 |
| GOLDEN LATTE | | 4.80 | 5.40 |
| MATCHA LATTE | | 4.80 | 5.40 |
| MASALA CHAI | | 4.80 | 5.40 |
| TÉ / INFUSIÓN | | 3.00 | |
| CHOCOLATADA | 4.00 | | |

DRINKS FOR BALANCE

HAPPY CACAO | 4.20

Ashwaghandha, Cacao, Canela y Leche de Avena

POWER PUMPKIN SPICE | 4.20

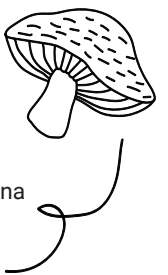
Cordyceps, Canela, Cúrcuma, Puré de Calabaza,
Café y Leche de Avena

BEAUTY LATTE | 4.20

Tulsi, Colágeno en Polvo, Puré de Remolacha,
Leche de Avena, Dátiles y Vainilla

BRAINY COFFEE | 4.20

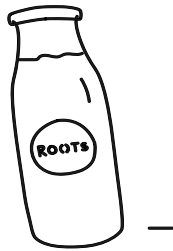
Reishi, Jengibre, Canela, Clavo, Vainilla, Café,
Leche de Avena y Azúcar de Coco



ROOTS

[COFFEE + BAKERY]

SMOOTHIES



ROMPE AYUNO

REGULAR GRANDE

Spinach, Avocado,
Cucumber, Celery, Lemon,
Ginger, Water

7.80

AÇAÍ SMOOTHIE

Açaí, Banana, Strawberries, Almond Milk

4.80 7.80

COLD DRINKS

LIEMONADE 500ML | 4.00

DETOX WATER | 4.00

WATER | 2.50

KOMBUCHA | 4.50

SPARKLING WATER | 3.00

MASALA CHAI | 4.50

CHOCOLATADA | 4.00

COLD BREW | 4.00



IMMUNITY SHOTS

GINGER SHOT | 3.50

Ginger, Lemon

CELERY JUICE | 3.50

Celery

FULL POWER | 3.50

Carrot, Beet Root, Ginger, Lemon



HOT DRINKS

| | REGULAR | BIG | EXTRA BIG |
|----------------|---------|------|-----------|
| ESPRESSO | 2.20 | 3.20 | |
| AMERICANO | 3.20 | | |
| BATCH BREW | 2.00 | 3.00 | 3.90 |
| MACCHIATO | 2.40 | | |
| CAPPUCCINO | 2.80 | 3.80 | 4.50 |
| LATTE | 2.80 | 3.80 | 4.50 |
| FLAT WHITE | 3.00 | | 4.90 |
| GOLDEN LATTE | | 4.80 | 5.40 |
| MATCHA LATTE | | 4.80 | 5.40 |
| MASALA CHAI | | 4.80 | 5.40 |
| TEA / INFUSIÓN | | 3.00 | |
| CHOCOLATADA | 4.00 | | |

DRINKS FOR BALANCE

HAPPY CACAO | 4.20

Ashwaganda, Cocoa, Cinnamon and Oat Milk

POWER PUMPKIN SPICE | 4.20

Cordyceps, Cinnamon, Turmeric, Pumpkin Puree, Coffee and Oat Milk

BEAUTY LATTE | 4.20

Tulsi, Collagen Powder, Beetroot Puree, Oat Milk, Dates and Vanilla

BRAINY COFFEE | 4.20

Reishi, Ginger, Cinnamon, Cloves, Vanilla, Coffee, Oat Milk and Coconut Sugar

