

ROOTS

[COFFEE + BAKERY]

PANINIS

VEAL LOVER | 12.00

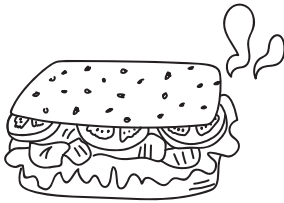
Pesto Rosso, Queso de Cabra, Rúgula, Cebolla Encurtida, Ternera Mechada

CHICKEN NIRVANA | 12.00

Kale, Tomate Pera, Queso de Cabra, Pesto Rosso y Pollo

CLASSIC CAPRESE | 12.00

Tomates Secos, Pesto Kale, Rúgula y Queso Mozzarella



POKE BOWL

POKE BOWL | 9.50

Salmón Ahumado, Ensalada Verde, Arroz Basmati, Zanahoria Rallada, Rábano, Edamames, Piña Fresca, Sésamo Negro y Salsa Asiática

TOASTS

LA CLÁSICA | 4.80

Pan Integral de Masa Madre, Tomate Rallado, Tomates Cherry, Semillas de Cáñamo

MEDITERRÁNEA | 5.80

Pan Integral de Masa Madre, Hummus de Garbanzos, Aguacate Laminado, Semillas de Cáñamo

GUACAMOLE | 5.80

Pan Integral de Masa Madre, Guacamole, Semillas de Sésamo Negro, Semillas de Calabaza

EXTRA TOAST | 3.80

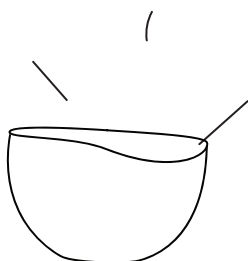
EXTRAS

Aguacate Laminado | 3.50

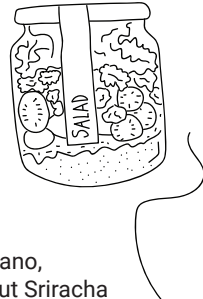
Guacamole | 3.00

Salmón Ahumado | 4.80

Queso Feta | 2.50



SALADS IN A JAR



SPICY SOIL | 13.20

Edamame, Lombarda, Zanahoria Rallada, Rábano, Quinoa, Semillas de Girasol, Espinacas y Peanut Sriracha

CAPRESE IN A JAR | 13.20

Ensalada Verde, Tomate Cherry, Tomate Pera, Queso Feta, Pesto Kale

GREEK GODDESS | 13.20

Tomates Cherry, Garbanzos, Queso Feta, Quinoa, Perejil, Semillas de Calabaza y Vinagreta de Mostaza Dulce

SUPERFOOD BOWLS

AÇAÍ BOWL | 12.00

Açaí, Banana, Arándanos, Leche de Almendras

TOPPINGS INCLUIDOS

Banana, Fresas, Arándanos, Nutty Granola

COCONUT CHÍA POT | 6.80

Chía, Leche de Coco, Jarabe de Arce

TOPPINGS INCLUIDOS

Fresas, Arándanos, Mantequilla de Cacahuete

NUTTY YOGURT | 6.80

Yogurt Griego, Arándanos, Nutty Granola y Mantequilla de Cacahuete

EXTRAS | 2.50

Banana, Fresas, Arándanos, Nutty Granola, Mantequilla de Almendras o Cacahuete

ROOTS

[COFFEE + BAKERY]

PANINIS

VEAL LOVER | 12.00

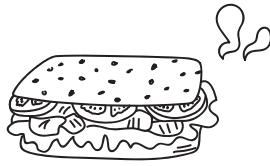
Sun-dried Tomato Pesto, Goat Cheese, Arugula, Pickled Onion, Shredded Veal

CHICKEN NIRVANA | 12.00

Kale, Pear Tomato, Chicken, Goat Cheese and Sun-dried Tomato Pesto

CLASSIC CAPRESE | 12.00

Dry Tomatoes, Pesto Kale, Arugula and Mozzarella Cheese



POKE BOWL

POKE BOWL | 9.50

Smoked Salmon, Green Salad, Basmati Rice, Carrot Radish, Edamame, Pineapple, Black Sesame and Asian Sauce

TOASTS

LA CLÁSICA | 4.80

Organic Whole Grain Sourdough Toast, Crushed Tomatoes, Cherry Tomatoes, Hemp Seeds

MEDITERRÁNEA | 5.80

Organic Whole Grain Sourdough Toast, Chickpeas Hummus, Sliced Avocado, Hemp Seeds

GUACAMOLE | 5.80

Organic Whole Grain Sourdough Toast, Guacamole, Black Sesame Seeds, Pumpkin Seeds

EXTRA TOAST | 3.80

EXTRAS

Avocado | 3.50

Guacamole | 3.00

Smoked Salmon | 4.80

Feta Cheese | 2.50



SALADS IN A JAR

SPICY SOIL | 13.20

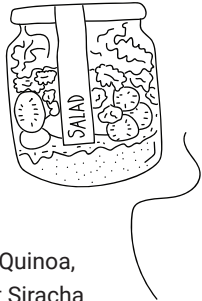
Edamame, Cabbage, Shredded Carrot, Radish, Quinoa, Roasted Sunflower Seeds, Spinach and Peanut Siracha

CAPRESE IN A JAR | 13.20

Green Salad, Cherry Tomatoes, Tomato, Feta Cheese, Pesto Kale

GREEK GODDESS | 13.20

Cherry Tomatoes, Chickpeas, Feta Cheese, Quinoa, Parsley, Pumpkin Seeds and Sweet Mustard Vinaigrette



SUPERFOOD BOWLS

AÇAÍ BOWL | 12.00

Açaí, Banana, Blueberries, Almond Milk

TOPPINGS INCLUIDOS

Banana, Strawberries, Blueberries, Nutty Granola

COCONUT CHÍA POT | 6.80

Chía, Coconut Milk, Maple Syrup

TOPPINGS INCLUIDOS

Strawberries, Blueberries, Peanut Butter

NUTTY YOGURT | 6.80

Greek Yogurt, Blueberries, Nutty Granola and Peanut Butter

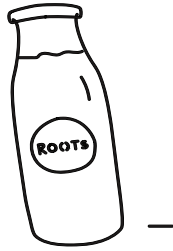
EXTRAS | 2.50

Banana, Strawberries, Blueberries, Nutty Granola, Almond or Peanut Butter

ROOTS

[COFFEE + BAKERY]

SMOOTHIES



ROMPE AYUNO

REGULAR GRANDE

Espinaca, Aguacate, Pepino,
Celery, Limón, Jengibre,
Menta, Agua

8.50

AÇAÍ SMOOTHIE

Açaí, Banana, Fresas,
Leche de Almendras

5.50 8.50

COLD DRINKS

LIMONADA 250ML | 3.20

AGUA DETOX 250ML | 3.20

AGUA | 2.80

KOMBUCHA | 4.70

AGUA CON GAS | 3.20

MASALA CHAI | 4.80

CHOCOLATADA | 4.50

COLD BREW | 4.00



IMMUNITY SHOTS

GINGER SHOT | 3.80

Jengibre, Limón

CELERY JUICE | 3.80

Celery

FULL POWER | 3.80

Zanahoria, Remolacha,
Jengibre, Limón



HOT DRINKS

	REGULAR	GRANDE	EXTRA GRANDE
ESPRESSO	2.20	3.20	
AMERICANO	3.20		
BATCH BREW	2.00	3.00	3.90
MACCHIATO	2.40		
CAPPUCCINO	2.80	3.80	4.50
LATTE	2.80	3.80	4.50
FLAT WHITE	3.00		4.90
GOLDEN LATTE		4.80	5.40
MATCHA LATTE		4.80	5.40
MASALA CHAI		4.80	5.40
TÉ / INFUSIÓN		3.00	
CHOCOLATADA	4.50		

DRINKS FOR BALANCE

HAPPY CACAO | 4.20

Ashwaghandha, Cacao, Canela y Leche de Avena

POWER PUMPKIN SPICE | 4.20

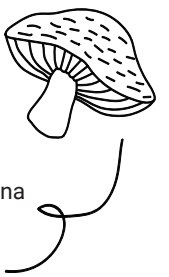
Cordyceps, Canela, Cúrcuma, Puré de Calabaza,
Café y Leche de Avena

BEAUTY LATTE | 4.20

Tulsi, Colágeno en Polvo, Puré de Remolacha,
Leche de Avena, Dátiles y Vainilla

BRAINY COFFEE | 4.20

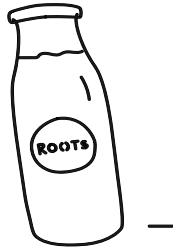
Reishi, Jengibre, Canela, Clavo, Vainilla, Café,
Leche de Avena y Azúcar de Coco



ROOTS

[COFFEE + BAKERY]

SMOOTHIES



ROMPE AYUNO

REGULAR GRANDE

Spinach, Avocado,
Cucumber, Celery, Lemon,
Ginger, Water

8.50

AÇAÍ SMOOTHIE

Açaí, Banana, Strawberries, Almond Milk

5.50 8.50

COLD DRINKS

LEMONADE 250ML | 3.20

DETOX WATER 250 ML | 3.20

WATER | 2.80

KOMBUCHA | 4.70

SPARKLING WATER | 3.20

MASALA CHAI | 4.80

CHOCOLATADA | 4.50

COLD BREW | 4.00



IMMUNITY SHOTS

GINGER SHOT | 3.80

Ginger, Lemon

CELERY JUICE | 3.80

Celery

FULL POWER | 3.80

Carrot, Beet Root, Ginger, Lemon



HOT DRINKS

	REGULAR	BIG	EXTRA BIG
ESPRESSO	2.20	3.20	
AMERICANO	3.20		
BATCH BREW	2.00	3.00	3.90
MACCHIATO	2.40		
CAPPUCCINO	2.80	3.80	4.50
LATTE	2.80	3.80	4.50
FLAT WHITE	3.00		4.90
GOLDEN LATTE		4.80	5.40
MATCHA LATTE		4.80	5.40
MASALA CHAI		4.80	5.40
TEA / INFUSIÓN		3.00	
CHOCOLATADA	4.50		

DRINKS FOR BALANCE

HAPPY CACAO | 4.20

Ashwaganda, Cocoa, Cinnamon and Oat Milk

POWER PUMPKIN SPICE | 4.20

Cordyceps, Cinnamon, Turmeric, Pumpkin Puree,
Coffee and Oat Milk

BEAUTY LATTE | 4.20

Tulsi, Collagen Powder, Beetroot Puree, Oat Milk,
Dates and Vanilla

BRAINY COFFEE | 4.20

Reishi, Ginger, Cinnamon, Cloves, Vanilla, Coffee,
Oat Milk and Coconut Sugar

